

Thank you for requesting your free sample of my book!

*If you are currently grieving, I want you to know that there is hope for your future, that you can do more than just survive grief and that grief can transform your life to bring you new meaning and purpose.*

*In love and hope,*

*Catherine*

## [The Gifts of Grief, Do More than Survive Grief](#)

My precious baby boy has taught me so much and has blessed my life in so many ways. He has made me a better person and he has changed my perspective on life, love and what it means to be a parent. He has given me faith. He has taught me what love truly is all about.

The loss and the grief I experienced as a result of his life and death sent me on a journey of unexpected and unwanted discovery. What I discovered on this journey is more profound than I ever could have imagined and today brings me overwhelming joy, intense meaning, and provides me with the inspiration I need to share this journey with all of you.

If you're hurting right now, this may seem impossible, but I am currently living a life with more joy than I ever thought was possible. I know and I believe in my heart that as hard as it was, knowing and loving my son for even the short time we had, was a tremendous gift. I want this gift for you. I want you to stand where I stand today, in a place where you can find joy and meaning in the gifts of your grief.

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To purchase the full book and learn more about Grief INSPIRED, visit my website at [www.griefinspired.com](http://www.griefinspired.com)

